

Licensed to MPSSAA Championship Meet HY-TEK's Meet Manager 5/18/2012 07:59 AM  
 Maryland State Championships - 5/16/2012 to 5/17/2012  
 3A West Region  
 Tuscarora HS  
 Results

## Girls 100 Meter Dash 3A

Name	Year	School	Prelims	H#
Preliminaries				
1 Aromolaran, Yeni	12	Thomas Johnson	12.47Q	3
2 Clarke, Krystal	11	Tuscarora	12.52Q	2
3 Watkins, Rachel	12	Tuscarora	12.68Q	4
4 Ucheomumu, Anna	12	Albert Einstein	12.69Q	1
5 Randall, Christine	10	North Hagerstown	12.93q	1
6 Coston, Camille	10	Thomas Johnson	13.03q	2
7 Francois, Jahan	11	Urbana	13.10q	3
8 Thomas, Chastyn	11	Frederick	13.26q	1
9 Lapen, Rhianna	9	Linganore	13.50	3
9 Hall, Angel	11	Watkins Mill	13.50	3
11 Peace, Winona	9	Albert Einstein	13.52	4
12 Marsh, Morgan	12	Thomas Johnson	13.56	4
13 Seals, Noelle	9	South Hagerstown	13.60	2
14 Steich, Brianna	12	North Hagerstown	13.64	1
15 Orr, Sasha	12	Seneca Valley	13.78	3
16 Hunter, Jazmin	11	Tuscarora	13.79	1
17 Jarrett, Whitney	10	South Hagerstown	13.85	2
18 Craig, Juanita	10	Seneca Valley	13.88	1
19 Johnson, Jewell	11	Watkins Mill	13.98	4
20 Monroe, Mara	9	Rockville	14.14	4
21 Guzman, Morgan	9	Urbana	14.17	1
22 Brisbane, Marisa	10	Damascus	14.19	4
23 Baisden, Grace	9	Damascus	14.20	2
23 James, Jalien	11	Watkins Mill	14.20	3
25 Pugh, Sydney	9	Urbana	14.23	4
26 Caputo, Andrea	9	Damascus	14.24	1
27 Palmer, Mecalia	9	Rockville	14.28	3
28 Suever, Jamie	12	Linganore	14.60	2
-- McLane, Mariah	9	Seneca Valley	FS	2

## Girls 100 Meter Dash 3A

Name	Year	School	Finals	Points
Finals				
1 Aromolaran, Yeni	12	Thomas Johnson	12.17	10
2 Watkins, Rachel	12	Tuscarora	12.31	8
3 Clarke, Krystal	11	Tuscarora	12.47	6
4 Ucheomumu, Anna	12	Albert Einstein	12.67	4
5 Randall, Christine	10	North Hagerstown	12.97	2
6 Francois, Jahan	11	Urbana	13.12	1
7 Coston, Camille	10	Thomas Johnson	13.16	
-- Thomas, Chastyn	11	Frederick	FS	

## Girls 200 Meter Dash 3A

Name	Year	School	Prelims	H#
Preliminaries				
1 Aromolaran, Yeni	12	Thomas Johnson	25.61Q	1
2 Clarke, Krystal	11	Tuscarora	26.19Q	3
3 Streeter, Elizsha	11	South Hagerstown	26.30Q	2
4 Watkins, Rachel	12	Tuscarora	26.53Q	4
5 Sarr, Yamundow	12	Northwood	25.66q	1
6 Dakwa, Melanie	10	Watkins Mill	27.29q	1
7 Thompson, Brie	11	Tuscarora	27.37q	4
8 Brady, Kelly	12	Linganore	27.41q	4
9 Hunt, Jessica	10	North Hagerstown	27.49	2

10	Flemings, Paige	9	South Hagerstown	27.62	3
11	Akibo-Betts, Danielle	11	Northwood	28.07	3
12	Lapen, Rhianna	9	Linganore	28.15	2
13	Peace, Winona	9	Albert Einstein	28.18	2
13	Hall, Angel	11	Watkins Mill	28.18	4
15	Steich, Brianna	12	North Hagerstown	28.38	2
16	Mooney, Shyniqua	12	Seneca Valley	28.65	4
17	Johnson, Mia	12	Northwood	28.93	3
18	Coston, Camille	10	Thomas Johnson	28.94	1
19	Gary, Erin	10	Seneca Valley	29.18	2
20	Murdock, Erin	11	Urbana	29.30	3
21	Rice, Courtney	11	Urbana	29.50	1
22	Caputo, Andrea	9	Damascus	29.52	2
23	Suever, Jamie	12	Linganore	30.23	1
24	Brisbane, Marisa	10	Damascus	30.34	1
25	Bastian, Rebecca	10	Watkins Mill	30.38	4
26	Rodriguez, Kristal	11	Thomas Johnson	31.27	2

## Girls 200 Meter Dash 3A

Name	Year	School	Finals	Points
Finals				
1	Aromolaran, Yeni	12	Thomas Johnson	25.10 10
2	Clarke, Krystal	11	Tuscarora	25.18 8
3	Watkins, Rachel	12	Tuscarora	25.47 6
4	Streeter, Elizsha	11	South Hagerstown	25.65 4
5	Brady, Kelly	12	Linganore	26.64 2
6	Thompson, Brie	11	Tuscarora	27.25 1
7	Dakwa, Melanie	10	Watkins Mill	27.39
--	Sarr, Yamundow	12	Northwood	DNF

## Girls 400 Meter Dash 3A

Name	Year	School	Finals	H#	Points
Advancement: A 58.57					
1	Sarr, Yamundow	12	Northwood	58.66	4 10
2	Streeter, Elizsha	11	South Hagerstown	59.41	4 8
3	Dakwa, Melanie	10	Watkins Mill	59.64	4 6
4	Nicoll, Lily	12	Urbana	1:00.91	4 4
5	Cardwell, Nadia	11	Thomas Johnson	1:01.92	3 2
6	Alston, Lakayja	12	Damascus	1:02.86	4 1
7	Belcher, Nina	10	Urbana	1:03.52	3
8	Nalepa, MacKenzie	10	Linganore	1:04.48	3
9	Peace, Winona	9	Albert Einstein	1:04.61	2
10	Thornley, Jenny	9	Damascus	1:04.88	3
11	Falade, Anita	9	Seneca Valley	1:05.41	1
12	Dagher, Natalie	11	Damascus	1:05.55	3
13	Day, Kendra	9	South Hagerstown	1:06.58	2
14	Whims, Jasmine	9	Frederick	1:07.19	2
15	Gary, Erin	10	Seneca Valley	1:07.83	3
16	Dia, Maimouna	10	Tuscarora	1:08.03	2
17	Dylus, Greta	9	Frederick	1:08.04	2
18	Travis, Alexis	10	Tuscarora	1:08.18	1
19	Appleby-Rumon, Brittany	10	North Hagerstown	1:09.46	1
20	James, Allegra	9	North Hagerstown	1:09.51	1
21	Johnson, Mia	12	Northwood	1:14.39	1
22	Finley, Meghan	12	Urbana	1:17.03	2
--	Permenter, Brianna	10	Linganore	DQ	4 ankle bracelet

## Girls 800 Meter Run 3A

Name	Year	School	Finals	Points
Advancement: A 2:24.45				
1	Vannoy, Kate	11	Linganore	2:22.82A 10
2	Askine, Sarah	11	Urbana	2:25.20 8
3	Tregoning, Delaney	11	Linganore	2:25.54 6

4	Kowalk, Katherine	10	Thomas Johnson	2:26.00	4
5	Stuart, Meg	10	Urbana	2:28.10	2
6	Coleman, Kayla	12	Urbana	2:28.68	1
7	Diaz, Sarah	10	Thomas Johnson	2:30.26	
8	Tregoning, Bailey	9	Linganore	2:31.93	
9	Rizkallah, Eyvonnka	11	Albert Einstein	2:35.64	
10	Ruskin, Halcyon	9	Albert Einstein	2:36.41	
11	Barr, Casey	12	Tuscarora	2:37.59	
12	Dutchess, Paula	11	Damascus	2:38.91	
13	Appleby-Rumon, Brittany	10	North Hagerstown	2:47.95	
14	Coleman, Jolyn	10	Northwood	2:49.19	
15	Bodian, Natalie	9	Albert Einstein	2:50.31	
16	Jones, Ariana	9	Tuscarora	2:52.70	
17	Sigman, Kate	9	Tuscarora	2:53.40	
18	Gill, Autumm	9	South Hagerstown	2:54.07	
19	Winters, Kelsey	9	South Hagerstown	2:54.42	
20	Andrews, Maddi	10	South Hagerstown	2:59.03	
21	Goldman, Laura	9	Northwood	3:10.47	
--	Faccione, Alexis	10	Damascus	DQ	broke early

## Girls 1600 Meter Run 3A

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Advancement: A 5:22.21

Name	Year	School	Finals	Points	
1	Ward, Emily	10	North Hagerstown	5:23.94	10
2	Askine, Sarah	11	Urbana	5:24.31	8
3	Winklbaauer, Kelly	9	Urbana	5:27.10	6
4	Simmons, Emily	12	North Hagerstown	5:27.37	4
5	Marella, Allison	11	Damascus	5:37.22	2
6	Ludwig, Nicole	11	Linganore	5:41.77	1
7	Mason, Courtney	12	Damascus	5:42.39	
8	Barr, Casey	12	Tuscarora	5:49.03	
9	Logan, Lauren	10	Albert Einstein	5:53.54	
10	Freed, Natasha	9	Thomas Johnson	5:54.14	
11	Hayslett, Alyssa	9	Linganore	5:54.27	
12	Ford, Mia	9	Frederick	5:57.95	
13	Smith, Kyra	11	Urbana	5:58.54	
14	Najaka, Karly	12	Damascus	6:12.19	
15	McAdam, Lurn	9	Thomas Johnson	6:13.31	
16	Perry, Shadee	11	Watkins Mill	6:13.51	
17	Molina, Susana	11	Albert Einstein	6:14.37	
18	Ramsey, Amber	10	Thomas Johnson	6:15.13	
19	Sigman, Kate	9	Tuscarora	6:20.05	
20	Ramcharan, Tiffany	9	Tuscarora	6:20.83	
21	Azadi, Naseem	12	Frederick	6:25.30	
22	Sands, Nora	11	Albert Einstein	6:25.76	
23	Coleman, Jolyn	10	Northwood	6:37.94	
24	Goldman, Laura	9	Northwood	6:46.02	
25	Holmes, Patricia	9	South Hagerstown	6:46.49	
26	McDonald, Ayanna	9	South Hagerstown	7:28.23	
27	Calandrelle, Kelley	10	South Hagerstown	7:32.04	
--	Hartman, Laura	12	Linganore	DQ	interference

## Girls 3200 Meter Run 3A

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Advancement: A 11:54.96

Name	Year	School	Finals	Points	
1	Ward, Emily	10	North Hagerstown	11:50.18A	10
2	Askine, Sarah	11	Urbana	11:53.94A	8
3	Marella, Allison	11	Damascus	12:09.17	6
4	Winklbaauer, Kelly	9	Urbana	12:15.55	4
5	Barr, Casey	12	Tuscarora	12:24.87	2
6	Ludwig, Nicole	11	Linganore	12:46.52	1
7	Gorman, Brianna	10	Urbana	12:47.93	
8	Freed, Natasha	9	Thomas Johnson	13:10.87	
9	Hartman, Laura	12	Linganore	13:16.21	
10	Ford, Mia	9	Frederick	13:24.67	

11 Melluso, Emily	11 Liganore	13:33.95
12 Logan, Lauren	10 Albert Einstein	13:35.50
13 Martin, Allison	10 North Hagerstown	13:39.84
14 Molina, Susana	11 Albert Einstein	14:24.80
15 Azadi, Naseem	12 Frederick	14:30.94
16 Goldman, Laura	9 Northwood	15:03.60
17 Holmes, Patricia	9 South Hagerstown	15:14.85
-- Mason, Courtney	12 Damascus	DNF

## Girls 100 Meter Hurdles 3A

Name	Year School	Prelims	H#
Preliminaries			
1 Mowoe, Mary	10 Tuscarora	15.16Q	3
2 Freeman, Hayley	11 South Hagerstown	15.90Q	1
3 Thomas, Shaniel	10 Northwood	16.01Q	2
4 Kea, Mallory	12 Northwood	16.73q	1
5 Taylor, Brittany	10 Urbana	16.79q	2
6 Amegashie, Anavi	12 Urbana	17.16q	3
7 McKellar, Patrice	12 Tuscarora	17.27q	3
8 Hensley, Cearra	10 Frederick	18.12q	1
9 Henyon, McKenna	10 Liganore	18.54	2
10 Senghore, Awa	11 South Hagerstown	18.61	2
11 Monroe, Mara	9 Rockville	18.99	1
12 Fields, Milan	9 South Hagerstown	19.63	3
13 Aviles, Chrissy	9 North Hagerstown	20.66	3
14 Kozar, Loren	10 Liganore	20.90	3
15 Johnson, Tyatianna	9 Seneca Valley	21.27	2
16 Igodan, Ashley	12 Frederick	21.29	2
17 Brooks, Juliette	9 Albert Einstein	22.83	1
18 Manspeaker, Laura	9 North Hagerstown	23.52	1
-- Lachir, Shawana	9 Urbana	FS	3

## Girls 100 Meter Hurdles 3A

Name	Year School	Finals	Points
Finals			
1 Mowoe, Mary	10 Tuscarora	15.09	10
2 Freeman, Hayley	11 South Hagerstown	15.49	8
3 Thomas, Shaniel	10 Northwood	15.83	6
4 Kea, Mallory	12 Northwood	16.00	4
5 Taylor, Brittany	10 Urbana	16.83	2
6 Hensley, Cearra	10 Frederick	16.95	1
7 McKellar, Patrice	12 Tuscarora	17.14	
8 Amegashie, Anavi	12 Urbana	17.23	

## Girls 300 Meter Hurdles 3A

Name	Year School	Finals	H#	Points
Advancement: A 47.25				
1 Freeman, Hayley	11 South Hagerstown	45.55A	4	10
2 Mowoe, Mary	10 Tuscarora	45.92A	4	8
3 Thomas, Shaniel	10 Northwood	47.16A	4	6
4 Kea, Mallory	12 Northwood	47.19A	4	4
5 Correa, Stephanie	12 Tuscarora	47.44	4	2
6 Monroe, Mara	9 Rockville	49.16	3	1
7 Brownfield, Breana	12 Thomas Johnson	49.44	4	
8 Henyon, McKenna	10 Liganore	49.82	4	
9 Cosby, Katy	10 Frederick	50.77	3	
10 Hensley, Cearra	10 Frederick	51.39	3	
11 Delborrello, Mia	9 Damascus	51.91	2	
12 McKellar, Patrice	12 Tuscarora	52.07	3	
13 Emery, Olivia	11 Damascus	52.41	3	
14 White, Chanelle	11 Northwood	52.53	3	
15 Johnson, Tyatianna	9 Seneca Valley	52.60	4	
16 Caputo, Andrea	9 Damascus	53.59	1	

16 Senghore, Awa	11 South Hagerstown	53.59	2
18 Brooks, Juliette	9 Albert Einstein	54.24	2
19 Ahmadzai, Miena	9 Urbana	55.21	1
20 Fields, Milan	9 South Hagerstown	55.34	2
21 Antoneos, Penny	12 Thomas Johnson	55.92	2
22 Aviles, Chrissy	9 North Hagerstown	56.60	1
23 Kozar, Loren	10 Linganore	58.66	1
24 Manspeaker, Laura	9 North Hagerstown	1:03.06	1

## Girls 4x100 Meter Relay 3A

=====			
Advancement: A 50.51			
School		Finals	H# Points
=====			
1 South Hagerstown		50.07A	2 10
1) Flemings, Paige 9	2) Freeman, Hayley 11		
3) Seals, Noelle 9	4) Streeter, Elizsha 11		
2 Gov. Thomas Johnson		50.37A	2 8
1) Marsh, Morgan 12	2) Brownfield, Breana 12		
3) Cardwell, Nadia 11	4) Coston, Camille 10		
3 Linganore		50.83	2 6
1) Brady, Kelly 12	2) Johnson, Samantha 11		
3) Johnson, Tess 11	4) Permenter, Brianna 10		
4 Urbana		51.25	2 4
1) Amegashie, Anavi 12	2) Francois, Jahan 11		
3) Spruijt, Monique 11	4) Taylor, Brittany 10		
5 Tuscarora		51.48	2 2
1) Correa, Stephanie 12	2) Hoffman, Kristen 10		
3) Watkins, Rachel 12	4) Thompson, Brie 11		
6 Northwood		51.72	1 1
1) Thomas, Shaniel 10	2) Johnson, Mia 12		
3) Kea, Mallory 12	4) White, Chanelle 11		
7 Seneca Valley		52.57	1
1) Craig, Juanita 10	2) Orr, Sasha 12		
3) McLane, Mariah 9	4) Mooney, Shyniqua 12		
8 Frederick		52.80	2
1) Cosby, Katy 10	2) Pryor, Kylie 12		
3) Kamakaris, Kayla 12	4) Thomas, Chastyn 11		
9 Watkins Mill		53.56	2
1) Johnson, Jewell 11	2) Galo, Kellyn 11		
3) Hall, Angel 11	4) James, Jalien 11		
10 Damascus		54.72	1
1) Athey, Elaine 11	2) Baisden, Grace 9		
3) Brisbane, Marisa 10	4) Delborrello, Mia 9		

## Girls 4x200 Meter Relay 3A

=====			
Advancement: A 1:45.59			
School		Finals	H# Points
=====			
1 Tuscarora		1:43.35A	2 10
1) Clarke, Krystal 11	2) Watkins, Rachel 12		
3) Thompson, Brie 11	4) Mowoe, Mary 10		
2 South Hagerstown		1:43.59A	2 8
1) Flemings, Paige 9	2) Freeman, Hayley 11		
3) Streeter, Elizsha 11	4) Landsdowne, LaTraya 12		
3 Northwood		1:44.88A	2 6
1) Akibo-Betts, Danielle 11	2) Kea, Mallory 12		
3) Sarr, Yamundow 12	4) Thomas, Shaniel 10		
4 Linganore		1:46.51	2 4
1) Brady, Kelly 12	2) Johnson, Samantha 11		
3) Johnson, Tess 11	4) Permenter, Brianna 10		
5 North Hagerstown		1:47.80	2 2
1) Hunt, Jessica 10	2) Steich, Brianna 12		
3) Perry, Xena 11	4) Randall, Christine 10		
6 Watkins Mill		1:49.65	2 1
1) Johnson, Jewell 11	2) Dakwa, Melanie 10		
3) Galo, Kellyn 11	4) Penden-Harper, Gianni 9		
7 Damascus		1:49.91	1

1) Alston, Lakayja 12	2) Athey, Elaine 11		
3) Janss, Laura 11	4) Smith, Sarah 9		
8 Seneca Valley		1:51.05	1
1) Craig, Juanita 10	2) Mooney, Shyniqua 12		
3) McLane, Mariah 9	4) Orr, Sasha 12		
9 Frederick		1:52.01	2
1) Cosby, Katy 10	2) Pryor, Kylie 12		
3) Kamakaris, Kayla 12	4) Thomas, Chastyn 11		
10 Urbana		1:52.10	1
1) Belcher, Nina 10	2) Guzman, Morgan 9		
3) Murdock, Erin 11	4) Spruijt, Monique 11		
11 Gov. Thomas Johnson		1:54.31	2
1) Antoneos, Penny 12	2) Ndifor, Auvin 11		
3) Marsh, Morgan 12	4) Sherman, CeCe 10		

## Girls 4x400 Meter Relay 3A

=====			
Advancement: A 4:08.77			
School		Finals	H# Points
=====			
1 Linganore		4:04.15A	2 10
1) Tregoning, Delaney 11	2) Johnson, Tess 11		
3) Permenter, Brianna 10	4) Vannoy, Kate 11		
2 Gov. Thomas Johnson		4:09.18	2 8
1) Aromolaran, Yeni 12	2) Diaz, Sarah 10		
3) Brownfield, Breana 12	4) Pianta, Alexa 10		
3 Urbana		4:12.38	2 6
1) Spruijt, Monique 11	2) Rice, Courtney 11		
3) Nicoll, Lily 12	4) Taylor, Brittany 10		
4 Watkins Mill		4:13.99	2 4
1) Perry, Shadee 11	2) Dakwa, Melanie 10		
3) Galo, Kellyn 11	4) Penden-Harper, Gianni 9		
5 Damascus		4:14.16	2 2
1) Alston, Lakayja 12	2) Athey, Elaine 11		
3) Smith, Sarah 9	4) Thornley, Jenny 9		
6 Tuscarora		4:17.36	2 1
1) McKellar, Patrice 12	2) Correa, Stephanie 12		
3) Mowoe, Mary 10	4) Thompson, Brie 11		
7 Seneca Valley		4:27.27	2
1) Craig, Juanita 10	2) Falade, Anita 9		
3) Gary, Erin 10	4) McLane, Mariah 9		
8 South Hagerstown		4:29.12	1
1) Jarrett, Whitney 10	2) Day, Kendra 9		
3) Fields, Milan 9	4) Landsdowne, LaTraya 12		
9 Frederick		4:29.86	1
1) Dylus, Greta 9	2) Pryor, Kylie 12		
3) Hensley, Cearra 10	4) Whims, Jasmine 9		
10 North Hagerstown		4:42.68	1
1) Appleby-Rumon, Brittany 10	2) James, Allegra 9		
3) Perry, Xena 11	4) Smith, Emily 12		

## Girls 4x800 Meter Relay 3A

=====			
Advancement: A 10:03.29			
School		Finals	Points
=====			
1 Linganore		9:55.67A	10
1) Vannoy, Kate 11	2) Tregoning, Delaney 11		
3) Ludwig, Nicole 11	4) Tregoning, Bailey 9		
2 Urbana		10:01.54A	8
1) Stuart, Meg 10	2) Nicoll, Lily 12		
3) Belcher, Nina 10	4) Gorman, Brianna 10		
3 Damascus		10:10.01	6
1) Alston, Lakayja 12	2) Marella, Allison 11		
3) Mason, Courtney 12	4) Smith, Sarah 9		
4 Albert Einstein		10:39.09	4
1) Logan, Lauren 10	2) Ruskin, Halcyon 9		
3) Molina, Susana 11	4) Rizkallah, Eyvonnka 11		
5 Frederick		10:49.32	2

1) Ford, Mia 9	2) Whims, Jasmine 9		
3) Dylus, Greta 9	4) Sullivan, Kaitlyn 10		
6 Tuscarora		11:19.22	1
1) Sigman, Kate 9	2) Dia, Maimouna 10		
3) Ramcharan, Tiffany 9	4) McKellar, Patrice 12		
7 Gov. Thomas Johnson		11:25.50	
1) Camangyan, Judybelle 9	2) Will, Ingrid 12		
3) Scott, Emily 12	4) Van, Kathy 12		
8 South Hagerstown		11:40.27	
1) Day, Kendra 9	2) Gill, Autumm 9		
3) Landsdowne, LaTraya 12	4) Winters, Kelsey 9		
9 Northwood		12:00.00	
1) Akibo-Betts, Danielle 11	2) Coleman, Jolyn 10		
3) Trowell, Eden 10	4) Goldman, Laura 9		

## Girls High Jump 3A

=====				
Advancement: A 4-11				
Name	Year	School	Finals	Points
=====				
1 Brownfield, Breana	12	Thomas Johnson	5-03.00A	1.60m 10
2 Janss, Laura	11	Damascus	5-01.00A	1.54m 8
3 Pianta, Alexa	10	Thomas Johnson	4-11.00A	1.49m 6
4 Baumgarten, Nora	11	Urbana	4-11.00A	1.49m 4
5 Tregoning, Delaney	11	Linganore	4-11.00A	1.49m 2
6 Wilson, Julia	11	Thomas Johnson	4-09.00	1.44m 0.50
6 Tregoning, Bailey	9	Linganore	4-09.00	1.44m 0.50
8 Jarrett, Whitney	10	South Hagerstown	4-09.00	1.44m
9 Kamakaris, Kayla	12	Frederick	4-07.00	1.39m
10 Semuskie, Kathryn	11	Damascus	4-05.00	1.34m
11 Thornley, Jenny	9	Damascus	4-03.00	1.29m
11 Seals, Noelle	9	South Hagerstown	4-03.00	1.29m
-- Randall, Christine	10	North Hagerstown	NH	
-- Hammond, Jenna	10	South Hagerstown	NH	

## Girls Pole Vault 3A

=====				
Advancement: A 8-06				
Name	Year	School	Finals	Points
=====				
1 Kalisz, Justine	12	Urbana	9-00.00A	2.74m 10
2 Johnson, Tess	11	Linganore	8-06.00A	2.59m 8
3 Smith, Emily	12	North Hagerstown	8-06.00A	2.59m 6
4 Kozar, Loren	10	Linganore	8-00.00	2.43m 4
5 Taylor, Brittany	10	Urbana	8-00.00	2.43m 2
6 Kane, Meghan	10	Thomas Johnson	7-06.00	2.28m 1
7 Martin, Allison	10	North Hagerstown	7-06.00	2.28m
8 Tom, Heather	9	Urbana	7-06.00	2.28m
-- Delborrello, Mia	9	Damascus	NH	

## Girls Long Jump 3A

=====				
Advancement: A 16-02				
Name	Year	School	Finals	Points
=====				
1 Clarke, Krystal	11	Tuscarora	17-00.00A	5.18m 10
2 Aromolaran, Yeni	12	Thomas Johnson	16-07.00A	5.05m 8
3 Coston, Camille	10	Thomas Johnson	16-02.00A	4.92m 6
4 Francois, Jahan	11	Urbana	16-00.00	4.87m 4
5 Johnson, Samantha	11	Linganore	15-11.50	4.86m 2
6 Amegashie, Anavi	12	Urbana	15-04.50	4.68m 1
7 Peace, Winona	9	Albert Einstein	14-10.00	4.52m
8 Jackson, Raven	12	North Hagerstown	14-07.00	4.44m
9 Flemings, Paige	9	South Hagerstown	14-06.50	4.43m
10 Jean-Phillipe, McKenzie	11	Seneca Valley	14-04.00	4.36m
11 Baisden, Grace	9	Damascus	13-08.00	4.16m
12 Janss, Laura	11	Damascus	13-07.50	4.15m
13 Pugh, Sydney	9	Urbana	13-06.50	4.12m
13 Kane, Meghan	10	Thomas Johnson	13-06.50	4.12m

15 Myers, Jalisa	9 Frederick	13-03.00	4.03m
16 James, Jalien	11 Watkins Mill	12-10.50	3.92m
17 White, Chanelle	11 Northwood	12-09.00	3.88m
17 Nalepa, MacKenzie	10 Linganore	12-09.00	3.88m
19 Johnson, Tyatianna	9 Seneca Valley	12-03.50	3.74m
20 Trowell, Eden	10 Northwood	11-08.50	3.56m
21 Hall, Angel	11 Watkins Mill	11-07.00	3.53m
-- Senghore, Awa	11 South Hagerstown	FOUL	

## Girls Triple Jump 3A

=====					
Advancement: A 34-08					
Name	Year School	Finals	Points		
=====					
1 Jackson, Raven	12 North Hagerstown	37-09.75A	11.52m	10	
2 Francois, Jahan	11 Urbana	36-01.50A	11.01m	8	
3 Ucheomumu, Anna	12 Albert Einstein	35-04.50A	10.78m	6	
4 Johnson, Samantha	11 Linganore	35-03.00A	10.74m	4	
5 Amegashie, Anavi	12 Urbana	33-10.50	10.32m	2	
6 Jean-Phillipe, McKenzie	11 Seneca Valley	32-05.50	9.89m	1	
7 Nalepa, MacKenzie	10 Linganore	32-05.00	9.88m		
8 Wilson, Julia	11 Thomas Johnson	31-11.25	9.73m		
9 Janss, Laura	11 Damascus	31-10.00	9.70m		
10 Cosby, Katy	10 Frederick	31-07.00	9.62m		
11 Kalisz, Justine	12 Urbana	31-03.50	9.53m		
12 Senghore, Awa	11 South Hagerstown	31-03.25	9.53m		
13 Kane, Meghan	10 Thomas Johnson	31-01.00	9.47m		
14 Thomas, Chastyn	11 Frederick	30-07.75	9.34m		
15 Caputo, Andrea	9 Damascus	29-08.75	9.06m		
16 Hammond, Jenna	10 South Hagerstown	29-07.50	9.02m		
16 Johnson, Tyatianna	9 Seneca Valley	29-07.50	9.02m		
18 White, Chanelle	11 Northwood	29-03.75	8.93m		
19 Cardwell, Nadia	11 Thomas Johnson	29-03.50	8.92m		
20 Travis, Alexis	10 Tuscarora	28-06.50	8.69m		
21 Seals, Noelle	9 South Hagerstown	28-06.00	8.68m		
22 Trowell, Eden	10 Northwood	27-09.00	8.45m		

## Girls Shot Put 3A

=====					
Advancement: A 33-03					
Name	Year School	Finals	Points		
=====					
1 Ovejera, Tamara	11 Thomas Johnson	37-10.50A	11.54m	10	
2 Evans-Anfom, Leone	12 Thomas Johnson	36-03.75A	11.06m	8	
3 Owusu-Maines, Virginia	12 Seneca Valley	35-11.50A	10.96m	6	
4 Anderson, Charlotte	12 North Hagerstown	33-05.75A	10.20m	4	
5 Ucheomumu, Anna	12 Albert Einstein	33-04.00A	10.16m	2	
6 Yuille, Crystal	10 Urbana	31-02.00	9.49m	1	
7 Gerald, Alexis	11 Tuscarora	30-02.00	9.19m		
8 Purtee, Mariah	10 Linganore	28-04.75	8.65m		
9 Martinez, Raquel	12 Thomas Johnson	28-01.25	8.56m		
10 Johnson, Shahirah	12 Damascus	27-11.00	8.50m		
11 Branham, Diane	11 South Hagerstown	26-09.75	8.17m		
12 Hargrave, Breana	11 Frederick	26-05.25	8.05m		
13 Correa, Stephanie	12 Tuscarora	26-03.50	8.01m		
14 Pickens, Maya	11 Tuscarora	25-05.25	7.75m		
15 Miller, Damara	12 Linganore	25-00.00	7.62m		
16 Masser, Bryhanna	9 South Hagerstown	24-01.25	7.34m		
17 Finstad, Emilie	11 North Hagerstown	22-05.25	6.83m		
18 Johnson, Taahirah	12 Damascus	22-04.00	6.80m		
19 Besch, Erin	10 Urbana	21-05.50	6.54m		
20 Ionni, Arianna	9 Urbana	20-05.00	6.22m		
21 Brown, Naomi	9 Frederick	19-09.25	6.02m		
22 Walsleben, Kersten	11 Damascus	19-07.75	5.98m		
23 Dulay, Evette	9 Frederick	17-09.50	5.42m		

## Girls Discus Throw 3A

=====					
Advancement: A 97-10					



Name	Year	School	Finals	Points
1 Ovejera, Tamara	11	Thomas Johnson	144-01A	43.91m 10
2 Owusu-Maines, Virginia	12	Seneca Valley	118-07A	36.14m 8
3 Ucheomumu, Anna	12	Albert Einstein	110-10A	33.78m 6
4 Yuille, Crystal	10	Urbana	106-03A	32.38m 4
5 Evans-Anfom, Leone	12	Thomas Johnson	105-06A	32.15m 2
6 Purtee, Mariah	10	Linganore	92-06	28.19m 1
7 Stetsyuk, Karina	11	Thomas Johnson	87-06	26.67m
8 Anderson, Charlotte	12	North Hagerstown	82-03	25.06m
9 Johnson, Shahirah	12	Damascus	79-01	24.10m
10 Hargrave, Breana	11	Frederick	76-05	23.29m
11 Smith, Emily	12	North Hagerstown	71-03	21.71m
12 Bosco, Samantha	11	South Hagerstown	70-03	21.41m
13 Gerald, Alexis	11	Tuscarora	69-09	21.25m
14 Garcia, Zoe	11	North Hagerstown	69-03	21.10m
15 Masser, Bryhanna	9	South Hagerstown	69-00	21.03m
16 Besch, Erin	10	Urbana	68-07	20.90m
17 Hymes, Danielle	11	Tuscarora	67-02	20.47m
18 Hageman, Cassidy	9	Urbana	59-06	18.13m
19 Miller, Damara	12	Linganore	53-02	16.20m
20 Harper, Shaquavia	11	Tuscarora	51-03	15.62m
21 Walsleben, Kersten	11	Damascus	49-09	15.16m
22 Brown, Naomi	9	Frederick	49-02	14.98m
23 Branham, Diane	11	South Hagerstown	48-11	14.90m
24 Dulay, Evette	9	Frederick	46-03	14.09m
25 Johnson, Taahirah	12	Damascus	40-11	12.47m

## Boys 100 Meter Dash 3A

Name	Year	School	Prelims	H#
Preliminaries				
1 Davis, Anthony	12	Tuscarora	11.06Q	4
2 Youngnia, Wylliam	12	Watkins Mill	11.20Q	2
3 Hebron, Payne	11	Linganore	11.25Q	1
4 Riddle, Joe	12	Linganore	11.33Q	3
5 Schlosser, Patrick	11	Watkins Mill	11.27q	4
6 Conner, Kevin	11	Linganore	11.35q	3
7 Ucheomumu, Stephen	11	Albert Einstein	11.37q	1
8 Stennis, Caleb	12	Tuscarora	11.39q	2
9 Davis, CJ	12	South Hagerstown	11.44	3
9 Watson, Kelvin	9	Tuscarora	11.44	2
11 Thomas, Elijah	12	Albert Einstein	11.47	1
12 Smith, Isiah	10	South Hagerstown	11.60	2
13 Patton, Trevor	11	Damascus	11.63	4
14 Cudjoe, Isaac	12	Seneca Valley	11.69	1
15 Morris, Emmanuel	9	South Hagerstown	11.71	3
16 Brent, Jesse	11	Rockville	11.86	2
16 Chigonera, Blessed	10	Thomas Johnson	11.86	1
18 Ladson, Zach	11	Urbana	11.97	1
19 Platt, Korey	10	Seneca Valley	12.11	3
20 Nobile, Nick	10	Urbana	12.16	4
21 Katana, Fred	11	Frederick	12.38	2
22 Anu, Stalanic	9	Frederick	12.43	4
23 Shaw, Andrew	11	Urbana	12.52	2
24 House, Isaac	9	North Hagerstown	12.59	2
25 Nicholls, Trey	9	Thomas Johnson	12.64	3
25 Burton, Wellington	11	Damascus	12.64	1
27 Wilkerson, Justin	11	Damascus	12.75	1
28 Emeche, Tony	9	Rockville	12.88	3
29 Burger, Ian	11	Thomas Johnson	13.00	4
30 Nichols, Tyler	10	Frederick	14.64	3

## Boys 100 Meter Dash 3A

Name	Year	School	Finals	Points
Finals				

1 Davis, Anthony	12 Tuscarora	10.90	10	
2 Hebron, Payne	11 Linganore	11.16	8	11.155
3 Youngnia, Wylliam	12 Watkins Mill	11.16	6	11.159
4 Riddle, Joe	12 Linganore	11.31	4	11.306
5 Ucheomumu, Stephen	11 Albert Einstein	11.31	2	11.310
6 Stennis, Caleb	12 Tuscarora	11.33	1	
7 Conner, Kevin	11 Linganore	11.36		
8 Schlosser, Patrick	11 Watkins Mill	11.51		

## Boys 200 Meter Dash 3A

```
=====
Name                      Year School                Prelims  H#
=====
```

## Preliminaries

1 Davis, Anthony	12 Tuscarora	22.39Q	2
2 Hebron, Payne	11 Linganore	22.52Q	4
3 Stennis, Caleb	12 Tuscarora	22.81Q	1
4 Oyeshile, Saheed	11 Damascus	22.84Q	3
5 Youngnia, Wylliam	12 Watkins Mill	22.48q	2
6 Waters, Aaron	12 South Hagerstown	22.88q	1
7 Conner, Kevin	11 Linganore	23.03q	4
8 Davis, CJ	12 South Hagerstown	23.10q	3
9 Gee, Jalen	12 Linganore	23.43	1
10 Anderson, Marcus	11 Tuscarora	23.85	4
11 Bowen, Dallas	11 Thomas Johnson	24.03	4
12 Smith, Isiah	10 South Hagerstown	24.04	1
13 Cudjoe, Isaac	12 Seneca Valley	24.07	4
14 Ofosu-Ameyaw, Kwasi	12 Seneca Valley	24.28	3
15 Brent, Jesse	11 Rockville	24.33	2
16 Glabach, Shawn	10 Damascus	24.43	2
17 Wright, Derrick	10 Watkins Mill	24.47	4
18 Chigonera, Blessed	10 Thomas Johnson	24.49	4
19 Ladson, Zach	11 Urbana	24.56	3
20 Baul, Andrew	12 Thomas Johnson	24.60	1
21 Platt, Corey	10 Seneca Valley	24.75	1
22 Davis, Jake	12 Urbana	24.80	1
23 Shaw, Andrew	11 Urbana	24.92	3
24 Penda, Sone	9 Watkins Mill	24.95	3
25 Ellis, Anthony	11 Rockville	25.28	2
26 Clark, James	10 North Hagerstown	25.38	2
27 Morris, Kyle	11 Rockville	25.87	1
28 Wilkerson, Justin	11 Damascus	26.14	2
29 Granados, Xavier	10 Frederick	27.02	3
30 Nichols, Tyler	10 Frederick	28.53	3

## Boys 200 Meter Dash 3A

```
=====
Name                      Year School                Finals  Points
=====
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## Finals

1 Davis, Anthony	12 Tuscarora	22.09	10
2 Youngnia, Wylliam	12 Watkins Mill	22.16	8
3 Hebron, Payne	11 Linganore	22.37	6
4 Stennis, Caleb	12 Tuscarora	22.48	4
5 Oyeshile, Saheed	11 Damascus	22.66	2
6 Waters, Aaron	12 South Hagerstown	22.85	1
7 Conner, Kevin	11 Linganore	22.92	
8 Davis, CJ	12 South Hagerstown	22.95	

## Boys 400 Meter Dash 3A

```
=====
Advancement: A 50.34
Name                      Year School                Finals  H# Points
=====
```

1 Oyeshile, Saheed	11 Damascus	50.11A	5	10
2 Waters, Aaron	12 South Hagerstown	50.96	5	8
3 Cadeau, Sterling	12 Watkins Mill	51.30	5	6
4 Merrell, Ryan	11 Albert Einstein	51.33	5	4
5 Hebron, Payne	11 Linganore	52.92	5	2

6	Moquin, Jarred	12	South Hagerstown	53.71	3	1
7	Henderson, Ryan	11	Albert Einstein	53.75	5	
8	Baul, Andrew	12	Thomas Johnson	54.01	4	
9	Glabach, Shawn	10	Damascus	54.06	3	
10	Giaquinta, Tavon	10	Northwood	54.13	2	
11	Ofosu-Ameyaw, Kwasi	12	Seneca Valley	54.55	4	
12	Ellis, Anthony	11	Rockville	54.57	4	
13	Burke, Sean	11	Albert Einstein	54.72	3	
14	Sowell, Marcus	10	Tuscarora	54.76	3	
15	Veneble, Rahmeik	12	North Hagerstown	54.92	2	
16	Nobile, Nick	10	Urbana	55.02	4	
17	Moore, Ryan	11	Tuscarora	55.43	5	
18	Langley, Zephania	10	Northwood	55.56	2	
19	Brewer, Mark	10	Watkins Mill	56.40	3	
20	Morris, Emmanuel	9	South Hagerstown	56.44	2	
21	Clopper, Matthew	10	North Hagerstown	56.45	2	
22	Ramirez, Cesar	10	Rockville	56.84	2	
23	Phillips, David	10	Thomas Johnson	57.04	3	
24	Mullings, Tommy	9	Seneca Valley	57.06	1	
25	Brigman, Spencer	9	Rockville	57.25	2	
26	Borek, John	10	Tuscarora	57.76	2	
27	House, Isaac	9	North Hagerstown	1:01.47	3	
28	Miyanwi, Joseph	10	Frederick	1:02.43	1	
29	Cook, Derek	12	Frederick	1:03.40	1	
--	Richardson-Jackson, Zach	10	Seneca Valley	DQ	4	lane violation
--	Shaw, Andrew	11	Urbana	DQ	4	lane violation

## Boys 800 Meter Run 3A

=====  
Advancement: A 2:00.42

Name	Year	School	Finals	Points
1	Cook, Jeffrey	11	Linganore	1:59.51A 10
2	Withbroe, Ben	11	Albert Einstein	2:00.50 8
3	Lewis, Jeremy	12	Urbana	2:01.25 6
4	Cadeau, Sterling	12	Watkins Mill	2:01.42 4
5	Duboyce, Patrick	11	Linganore	2:01.86 2
6	Ugast, Frederick	12	Urbana	2:02.49 1
7	Gaughan, Ben	11	Damascus	2:05.29
8	Spielman, Matthew	12	Linganore	2:05.55
9	Trott, Thomas	10	Thomas Johnson	2:06.10
10	Villeneuve, Eric	12	Urbana	2:08.25
11	Christiansen, Daniel	11	Frederick	2:08.39
12	Hockensmith, Daniel	11	South Hagerstown	2:09.11
13	Mullings, Tommy	9	Seneca Valley	2:11.51
14	Merrill, Drew	12	South Hagerstown	2:11.77
15	Foucha, Emmanuel	10	North Hagerstown	2:12.92
16	Simpson, Luke	10	Albert Einstein	2:13.84
17	Langley, Zephania	10	Northwood	2:14.18
18	Lang, Jordan	10	Rockville	2:15.53
19	Gacquin, Timmy	11	Frederick	2:15.65
20	Kirk, Eddie	12	Rockville	2:16.23
21	Strickland, Tristan	10	Frederick	2:20.71
22	Desaulniers, Steven	10	Damascus	2:23.70
23	Richards, Michael	9	Albert Einstein	2:27.08
24	Sowell, Marcus	10	Tuscarora	2:28.50
25	Klein, Ellery	11	Tuscarora	2:29.09
26	Addrey, Salim	9	Watkins Mill	2:35.38
27	Reiter, Phillip	9	North Hagerstown	2:35.41
28	Dick, Brion	9	North Hagerstown	2:47.85
--	Giaquinta, Tavon	10	Northwood	DQ broke early

## Boys 1600 Meter Run 3A

=====  
Advancement: A 4:30.06

Name	Year	School	Finals	Points
1	Duboyce, Patrick	11	Linganore	4:24.29A 10
2	Omar, Hassan	12	Thomas Johnson	4:25.36A 8

3 Christiansen, Daniel	11 Frederick	4:34.03	6
4 Hayslett, Austin	12 Urbana	4:34.10	4
5 Strouse, Greyson	10 Urbana	4:34.24	2
6 Freed, Ben	10 Thomas Johnson	4:35.00	1
7 Beck, Dan	10 Linganore	4:35.85	
8 Trott, Thomas	10 Thomas Johnson	4:36.46	
9 Carlacci, Thomas	11 Damascus	4:36.74	
10 Jones, Logan	12 Tuscarora	4:37.33	
11 Shuman, Troy	10 Urbana	4:44.90	
12 Simpson, Nick	11 Albert Einstein	4:46.20	
13 Lewis, Rory	9 Albert Einstein	4:48.95	
14 Tondari, Noah	12 Albert Einstein	4:49.04	
15 Boliek, West	11 Northwood	4:50.08	
16 Lang, Jordan	10 Rockville	4:52.07	
17 Sander, Chris	11 Tuscarora	4:53.26	
18 Hockensmith, Daniel	11 South Hagerstown	4:53.57	
19 Merrill, Drew	12 South Hagerstown	5:00.80	
20 Provan, Conrad	11 Tuscarora	5:02.36	
21 Gacquin, Timmy	11 Frederick	5:05.13	
22 Desaulniers, Steven	10 Damascus	5:06.16	
23 Light, Sam	12 Damascus	5:06.17	
24 Coburn, Chagall	9 South Hagerstown	5:08.64	
25 Kavanaugh, Mitchell	10 Frederick	5:12.01	
26 Herrera, Xavier	10 Seneca Valley	5:23.85	
27 Addrey, Salim	9 Watkins Mill	5:26.80	
28 Sequeria, Daniel	11 Northwood	5:26.93	
29 Takemora, Troy	9 Seneca Valley	5:31.10	
30 Johnson, Trevian	10 North Hagerstown	5:48.46	
31 Tessitore, Michael	9 Watkins Mill	5:54.75	
-- Bruning, Braden	12 Linganore	DNF	

## Boys 3200 Meter Run 3A

Advancement: A 9:47.89

Name	Year School	Finals	Points
1 Omar, Hassan	12 Thomas Johnson	9:32.23A	10
2 Duboyce, Patrick	11 Linganore	9:32.36A	8
3 Strouse, Greyson	10 Urbana	9:52.86	6
4 Christiansen, Daniel	11 Frederick	9:55.02	4
5 Bruning, Braden	12 Linganore	9:56.72	2
6 Jones, Logan	12 Tuscarora	10:12.18	1
7 Simpson, Nick	11 Albert Einstein	10:17.44	
8 Apter, Ross	12 Rockville	10:27.65	
9 Shuman, Troy	10 Urbana	10:36.08	
10 Carlacci, Thomas	11 Damascus	10:36.55	
11 Rasband, Neil	12 Linganore	10:41.49	
12 Kirk, Billy	9 Rockville	10:55.58	
13 Karczmarck, Jon	11 Thomas Johnson	10:57.33	
14 Levine, Louis	10 Thomas Johnson	10:59.16	
15 Landro, Bryan	11 Urbana	11:18.09	
16 Merrill, Drew	12 South Hagerstown	11:34.17	
17 Herrera, Xavier	10 Seneca Valley	11:42.29	
18 Sintayehu, Natnaiel	9 Albert Einstein	11:46.81	
19 Light, Sam	12 Damascus	11:53.91	
20 Hartman, Hunter	10 South Hagerstown	11:56.96	
21 McCormick, Cade	10 Albert Einstein	12:03.52	
22 Hyde, Matthew	10 Seneca Valley	12:07.48	
23 Burkholder-Ward, Brendon	9 North Hagerstown	12:27.54	
24 Wentling, Matt	11 Seneca Valley	12:48.63	

## Boys 110 Meter Hurdles 3A

Name	Year School	Prelims	H#
Preliminaries			
1 Foster, Marcus	11 Tuscarora	14.89Q	2
2 Walker, Justin	10 Frederick	15.48Q	1
3 Roth, Michael	12 Urbana	16.06q	1

4	Jackson, Chris	10	Urbana	16.28q	2
5	MacAuley, Justin	11	Frederick	16.59q	2
6	Bessier, Adam	9	Linganore	17.20q	1
7	Lapcevich, Stefan	11	Urbana	17.60q	1
8	Wilson, Josh	11	Thomas Johnson	18.16q	2
9	Kasik, Camden	9	Albert Einstein	19.23	1
10	Andaya, Lorenzo	10	Albert Einstein	19.32	2
11	Thrower, Tajamon	10	South Hagerstown	19.42	2
12	Salzano, Chris	11	Rockville	19.46	1
13	Howard, Neicco	10	Seneca Valley	20.70	1

## Boys 110 Meter Hurdles 3A

Name	Year	School	Finals	Points
Finals				
1	Foster, Marcus	11	Tuscarora	14.79 10
2	Walker, Justin	10	Frederick	15.23 8
3	Roth, Michael	12	Urbana	15.74 6
4	Jackson, Chris	10	Urbana	16.11 4
5	MacAuley, Justin	11	Frederick	16.62 2
6	Bessier, Adam	9	Linganore	16.72 1
7	Wilson, Josh	11	Thomas Johnson	17.55
8	Lapcevich, Stefan	11	Urbana	18.91

## Boys 300 Meter Hurdles 3A

Name	Year	School	Finals	H#	Points
Advancement: A 44.23					
1	Bryan, Jamal	12	Frederick	39.79A	4 10
2	Foster, Marcus	11	Tuscarora	39.83A	4 8
3	Roth, Michael	12	Urbana	40.83A	4 6
4	Wilson, Josh	11	Thomas Johnson	42.58A	4 4
5	May, Matt	11	Damascus	42.60A	4 2
6	Riley, Akheem	11	Thomas Johnson	42.62A	4 1
7	Katana, Fred	11	Frederick	44.15A	2
8	Norris, Kirk	11	Thomas Johnson	44.36	3
9	Jackson, Chris	10	Urbana	44.55	4
10	Bloem, Benvan	10	Frederick	44.65	4
11	Andaya, Lorenzo	10	Albert Einstein	44.66	3
12	Bessier, Adam	9	Linganore	45.64	2
13	Morris, Kyle	11	Rockville	46.42	2
14	Anthony, Brenton	10	Urbana	46.52	3
15	Carlo, Ruben	10	Rockville	46.64	3
16	Kasik, Camden	9	Albert Einstein	46.75	3
17	Campbell, Diamond	11	North Hagerstown	47.06	2
18	Thrower, Tajamon	10	South Hagerstown	47.13	3
19	House, Isaac	9	North Hagerstown	47.20	3
20	Vallely, Tanner	12	Seneca Valley	48.04	3
21	Colella, Michael	12	Linganore	48.08	2
22	Salzano, Chris	11	Rockville	48.11	2
23	Howard, Neicco	10	Seneca Valley	48.12	2

## Boys 4x100 Meter Relay 3A

School	Finals	H#	Points
Advancement: A 44.23			
1	Linganore	42.76A	2 10
1)	Riddle, Joe 12	2) Conner, Kevin 11	
3)	Gee, Jalen 12	4) Hebron, Payne 11	
2	Tuscarora	43.76A	2 8
1)	Davis, Anthony 12	2) Stennis, Caleb 12	
3)	Mills, Conner 10	4) Watson, Kelvin 9	
3	South Hagerstown	44.37	2 6
1)	Morris, Emmanuel 9	2) Davis, CJ 12	
3)	Smith, Isiah 10	4) Waters, Aaron 12	
4	Damascus	44.51	2 4

1) Patton, Trevor 11	2) Carroll, Robert 11		
3) Christian, Jalen 9	4) Oyeshile, Saheed 11		
5 Seneca Valley		45.57	1 2
1) Richardson-Jackson, Zachery 10	2) Ofosu-Ameyaw, Kwasi 12		
3) Cudjoe, Isaac 12	4) Joaquin, Ephraim 11		
6 Urbana		45.70	1 1
1) Ladson, Zach 11	2) Davis, Jake 12		
3) Nobile, Nick 10	4) Roth, Michael 12		
7 Gov. Thomas Johnson		45.97	1
1) Riley, Akheem 11	2) Bowen, Dallas 11		
3) Chigonera, Blessed 10	4) Davey, Adrian 10		
8 Watkins Mill		46.03	2
1) Kikwata, Prodigie 11	2) Penda, Sone 9		
3) Littlejohn, Quinton 11	4) Wright, Derrick 10		
9 Rockville		46.99	1
1) Brent, Jesse 11	2) Ellis, Anthony 11		
3) Emeche, Tony 9	4) Morris, Kyle 11		
10 Frederick		47.50	2
1) Anu, Stalanic 9	2) Velazquez, Fernando 10		
3) Wheeler, Demetrius 12	4) Walker, Justin 10		

## Boys 4x200 Meter Relay 3A

=====

Advancement: A 1:31.42

School		Finals	H#	Points
1 Watkins Mill		1:28.32A	2	10
1) Hears, Dontay 11	2) Littlejohn, Quinton 11			
3) Schlosser, Patrick 11	4) Youngnia, Wylliam 12			
2 South Hagerstown		1:29.17A	2	8
1) Smith, Isiah 10	2) Davis, CJ 12			
3) Moquin, Jarred 12	4) Waters, Aaron 12			
3 Tuscarora		1:29.63A	2	6
1) Anderson, Marcus 11	2) Davis, Anthony 12			
3) Stennis, Caleb 12	4) Thomas, Donte 12			
4 Linganore		1:30.65A	2	4
1) Coiner, Julian 12	2) Conner, Kevin 11			
3) Gee, Jalen 12	4) Riddle, Joe 12			
5 Albert Einstein		1:32.94	2	2
1) Kasik, Camden 9	2) Mussie, Nobel 10			
3) Thomas, Elijah 12	4) Merrell, Ryan 11			
6 Seneca Valley		1:34.14	1	1
1) Vallely, Tanner 12	2) Ofosu-Ameyaw, Kwasi 12			
3) Platt, Korey 10	4) Richardson-Jackson, Zachery 10			
7 Urbana		1:34.59	2	
1) Nobile, Nick 10	2) Davis, Jake 12			
3) Ladson, Zach 11	4) Shaw, Andrew 11			
8 Gov. Thomas Johnson		1:34.67	1	
1) Baul, Andrew 12	2) Bowen, Dallas 11			
3) Wilson, Josh 11	4) Riley, Akheem 11			
9 Damascus		1:34.85	2	
1) Patton, Trevor 11	2) Carroll, Robert 11			
3) Christian, Jalen 9	4) Glabach, Shawn 10			
10 Frederick		1:36.19	1	
1) Anu, Stalanic 9	2) Bryan, Jamal 12			
3) Walker, Justin 10	4) Katana, Fred 11			
11 North Hagerstown		1:37.43	2	
1) Anderson, Trevor 12	2) Campbell, Diamond 11			
3) Clark, James 10	4) Clopper, Matthew 10			
12 Rockville		1:38.01	1	
1) Brent, Jesse 11	2) Ellis, Anthony 11			
3) Emeche, Tony 9	4) Morris, Kyle 11			

## Boys 4x400 Meter Relay 3A

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Advancement: A 3:29.18

School		Finals	H#	Points
1 Watkins Mill		3:29.19	2	10

1) Cadeau, Sterling 12	2) Hears, Dontay 11		
3) Schlosser, Patrick 11	4) Youngnia, Wylliam 12		
2 Albert Einstein		3:29.23	2 8
1) Henderson, Ryan 11	2) Merrell, Ryan 11		
3) Mussie, Nobel 10	4) Thomas, Elijah 12		
3 Linganore		3:31.69	2 6
1) Cook, Jeffrey 11	2) Homce, David 12		
3) Hugen, Bryan 12	4) Spielman, Matthew 12		
4 Urbana		3:31.75	2 4
1) Aird, William 12	2) Lewis, Jeremy 12		
3) Ugast, Frederick 12	4) Villeneuve, Eric 12		
5 Tuscarora		3:33.03	2 2
1) Anderson, Marcus 11	2) Foster, Marcus 11		
3) Jones, Logan 12	4) Thomas, Donte 12		
6 Gov. Thomas Johnson		3:36.23	1 1
1) Baul, Andrew 12	2) Omar, Hassan 12		
3) Riley, Akheem 11	4) Stafford, Terrence 12		
7 North Hagerstown		3:44.61	1
1) Anderson, Trevor 12	2) Clopper, Matthew 10		
3) House, Isaac 9	4) Veneble, Rahmeik 12		
8 Frederick		3:48.41	2
1) Velazquez, Fernando 10	2) Katana, Fred 11		
3) Bryan, Jamal 12	4) Vanbloem, Ben 10		
9 Seneca Valley		3:49.31	1
1) Platt, Kris 10	2) Platt, Korey 10		
3) Mullings, Tommy 9	4) Richardson-Jackson, Zachery 10		
10 Rockville		3:56.70	1
1) Slingluff, Tim 9	2) Brigman, Spencer 9		
3) Carlo, Tomas 9	4) Ramirez, Cesar 10		
11 Damascus		4:01.67	2
1) Carlacci, Thomas 11	2) Light, Sam 12		
3) Frigerio, Bruno 11	4) Glabach, Shawn 10		

## Boys 4x800 Meter Relay 3A

=====

Advancement: A 8:19.53

School		Finals	Points
1 Urbana		8:04.57A	10
1) Villeneuve, Eric 12	2) Ugast, Frederick 12		
3) Hayslett, Austin 12	4) Lewis, Jeremy 12		
2 Linganore		8:14.93A	8
1) Beck, Dan 10	2) Cook, Jeffrey 11		
3) Homce, David 12	4) Spielman, Matthew 12		
3 Albert Einstein		8:20.08	6
1) Henderson, Ryan 11	2) Merrell, Ryan 11		
3) Simpson, Nick 11	4) Withbroe, Ben 11		
4 Gov. Thomas Johnson		8:45.56	4
1) Ecnerria, Juan 11	2) Johnson, Theodore 9		
3) McGann, Thomas 10	4) Merwin, Derrick 10		
5 Rockville		8:54.39	2
1) Apter, Ross 12	2) Carlo, Ruben 10		
3) Lang, Jordan 10	4) Kirk, Eddie 12		
6 Frederick		9:16.61	1
1) Kavanaugh, Mitchell 10	2) Strickland, Trsitian 10		
3) Gacquin, Timmy 11	4) Vanbloem, Ben 10		
7 South Hagerstown		9:16.62	
1) Coburn, Chagall 9	2) Merrill, Isaiah 9		
3) Hockensmith, Daniel 11	4) Walsh, Devin 9		
8 Northwood		9:31.37	
1) Sequeria, Daniel 11	2) Giaquinta, Tavon 10		
3) Langley, Zephania 10	4) Silva, Hector 10		
9 Seneca Valley		9:35.01	
1) Wentling, Matt 11	2) Herrera, Xavier 10		
3) Hyde, Matthew 10	4) Mullings, Tommy 9		
10 North Hagerstown		11:18.13	
1) Dick, Brion 9	2) Reiter, Phillip 9		
3) Reiter, Peter 11	4) Patel, Raj 9		

## Boys High Jump 3A

=====				
Advancement: A 5-11				
Name	Year	School	Finals	Points
=====				
1 Coiner, Julian	12	Linganore	6-07.00A	2.00m 10
2 Stafford, Terrence	12	Thomas Johnson	6-01.00A	1.85m 8
3 Mussie, Nobel	10	Albert Einstein	5-09.00	1.75m 6
4 May, Matt	11	Damascus	5-07.00	1.70m 4
5 Veneble, Rahmeik	12	North Hagerstown	5-07.00	1.70m 2
6 Aviles, Dexter	12	North Hagerstown	5-05.00	1.65m 0.50
6 Foster, Marcus	11	Tuscarora	5-05.00	1.65m 0.50
8 Hemby, Trevor	10	Thomas Johnson	5-05.00	1.65m
9 Gbolie, Colin	12	Seneca Valley	5-05.00	1.65m
-- Luthers, Chris	11	Thomas Johnson	NH	
-- Clopper, Matthew	10	North Hagerstown	NH	

## Boys Pole Vault 3A

=====				
Advancement: A 10-08				
Name	Year	School	Finals	Points
=====				
1 Shipley, Sam	11	Thomas Johnson	14-01.00A	4.29m 10
2 Donitzen, Greg	10	Thomas Johnson	12-08.00A	3.86m 8
3 Sawitzke, Sean	9	Thomas Johnson	10-08.00A	3.25m 5
3 Carroll, Robert	11	Damascus	10-08.00A	3.25m 5
5 White, Jason	11	North Hagerstown	10-08.00A	3.25m 1.50
5 Diaz, Christian	10	Urbana	10-08.00A	3.25m 1.50
7 Murphy, Jacob	11	Linganore	10-08.00A	3.25m
8 Hand, Bryan	11	Linganore	10-02.00	3.09m
9 Johnson, Kyle	9	Linganore	9-08.00	2.94m
10 Bloem, Benvan	10	Frederick	9-02.00	2.79m

## Boys Long Jump 3A

=====				
Advancement: A 20-04				
Name	Year	School	Finals	Points
=====				
1 Stafford, Terrence	12	Thomas Johnson	23-06.00A	7.16m 10
2 Hears, Dontay	11	Watkins Mill	21-00.00A	6.40m 8
3 Moore, Ryan	11	Tuscarora	20-04.00A	6.19m 6
4 Littlejohn, Quinton	11	Watkins Mill	20-01.00	6.12m 4
5 Walker, Justin	10	Frederick	19-11.00	6.07m 2
6 Luthers, Chris	11	Thomas Johnson	19-10.00	6.04m 1
7 Reid, Steven	10	Tuscarora	18-10.00	5.74m
7 James, Tommy	12	Linganore	18-10.00	5.74m
7 Wilson, Josh	11	Thomas Johnson	18-10.00	5.74m
10 Joaquin, Ephraim	11	Seneca Valley	18-00.00	5.48m
10 May, Matt	11	Damascus	18-00.00	5.48m
12 Thrower, Tajamon	10	South Hagerstown	17-10.50	5.44m
13 Christian, Jalen	9	Damascus	17-09.00	5.41m
14 Platt, Kris	10	Seneca Valley	17-02.00	5.23m
15 Hess, Shawn	11	Tuscarora	17-01.00	5.20m
16 Burton, Wellington	11	Damascus	16-06.00	5.02m
17 Nichols, Tyler	10	Frederick	16-04.00	4.97m
18 Clark, James	10	North Hagerstown	16-01.00	4.90m
19 Velaquez, Fernando	10	Frederick	13-11.00	4.24m

## Boys Triple Jump 3A

=====				
Advancement: A 42-05				
Name	Year	School	Finals	Points
=====				
1 Hears, Dontay	11	Watkins Mill	42-06.50A	12.96m 10
2 Stafford, Terrence	12	Thomas Johnson	42-00.00	12.80m 8
3 Wheeler, Demetrius	12	Frederick	39-08.75	12.10m 6
4 Bowen, Dallas	11	Thomas Johnson	39-05.25	12.02m 4
5 Moore, Ryan	11	Tuscarora	38-10.00	11.83m 2
6 Luthers, Chris	11	Thomas Johnson	38-07.00	11.76m 1



7 Jackson, Chris	10 Urbana	37-11.00	11.55m
8 Littlejohn, Quinton	11 Watkins Mill	37-07.50	11.46m
9 Joaquin, Ephraim	11 Seneca Valley	37-06.00	11.43m
10 Wilkerson, Justin	11 Damascus	36-05.50	11.11m
11 Thrower, Tajamon	10 South Hagerstown	36-04.00	11.07m
12 Campbell, Diamond	11 North Hagerstown	35-08.00	10.87m
13 Platt, Kris	10 Seneca Valley	35-06.00	10.82m
14 May, Matt	11 Damascus	35-04.75	10.78m
15 Reid, Steven	10 Tuscarora	35-01.50	10.70m
16 James, Tommy	12 Linganore	33-10.25	10.31m
17 Granados, Xavier	10 Frederick	33-06.50	10.22m
17 Gbolie, Colin	12 Seneca Valley	33-06.50	10.22m
19 Anderson, Will	10 Rockville	32-11.50	10.04m

## Boys Shot Put 3A

Advancement: A 46-03

Name	Year School	Finals	Points
1 Davey, Avon	12 Thomas Johnson	51-05.50A	15.68m 10
2 Kass, Joe	11 Thomas Johnson	48-07.75A	14.82m 8
3 Molinari, Rene	12 Albert Einstein	47-00.50A	14.33m 6
4 Dodson, Ben	11 Linganore	46-04.50A	14.13m 4
5 Sipe, Colin	10 Urbana	45-08.50	13.93m 2
6 Heavner, Connor	11 Urbana	44-08.50	13.62m 1
7 Emerson, Billy	9 Watkins Mill	41-10.00	12.75m
8 Volz, Andrew	11 South Hagerstown	41-09.50	12.73m
9 Vallyely, Tanner	12 Seneca Valley	41-09.00	12.72m
10 Slater, Edward	10 Thomas Johnson	41-05.50	12.63m
11 Schiller, Andrew	11 Linganore	41-03.00	12.57m
12 Quigley, Adam	12 Seneca Valley	40-11.75	12.49m
13 King, Trey	11 North Hagerstown	39-07.00	12.06m
14 Bratt, Karsten	11 Watkins Mill	38-10.50	11.84m
15 Gorham, Ian	11 Linganore	37-05.50	11.41m
16 Cubias, Cesar	11 Rockville	37-05.00	11.40m
17 Lee, Darrien	11 Tuscarora	37-02.00	11.32m
18 Weaver, Zach	11 Urbana	35-07.50	10.85m
19 Bell, Anthony	11 Seneca Valley	34-04.50	10.47m
20 Dorsey, Rahiem	11 Watkins Mill	34-01.25	10.39m
21 Salzano, Chris	11 Rockville	33-11.25	10.34m
22 Kutkat, Drake	10 Northwood	33-09.50	10.29m
23 Smith, Jordan	11 Tuscarora	33-07.50	10.24m
24 Sebright, Matthew	11 South Hagerstown	33-01.50	10.09m
25 Johnson, Khalil	10 North Hagerstown	32-08.75	9.97m
26 Molina, Roberto	11 Albert Einstein	31-10.50	9.71m
27 Smith, Romal	10 Northwood	31-08.75	9.67m
28 Phillips, Josh	12 Frederick	31-07.50	9.63m
29 Guinyard, Juwan	10 Northwood	31-03.50	9.53m
30 Belcher, Michael	9 Tuscarora	29-06.00	8.99m
31 Lachemann, Connor	11 North Hagerstown	29-05.25	8.97m
-- Betts, Nate	12 Damascus	DQ	illegal undergarment

## Boys Discus Throw 3A

Advancement: A 129-11

Name	Year School	Finals	Points
1 Schlosser, Patrick	11 Watkins Mill	150-02A	45.77m 10
2 Kass, Joe	11 Thomas Johnson	149-06A	45.56m 8
3 Betts, Nate	12 Damascus	144-02A	43.94m 6
4 Davey, Avon	12 Thomas Johnson	138-06A	42.21m 4
5 Molinari, Rene	12 Albert Einstein	136-01A	41.47m 2
6 Lee, Darrien	11 Tuscarora	131-02A	39.97m 1
7 Sipe, Colin	10 Urbana	130-07A	39.80m
8 Heavner, Connor	11 Urbana	114-11	35.02m
9 Emerson, Billy	9 Watkins Mill	114-04	34.84m
10 King, Trey	11 North Hagerstown	113-08	34.64m
11 Mercer, Aaron	11 Thomas Johnson	112-10	34.39m
12 Vallyely, Tanner	12 Seneca Valley	109-02	33.27m

13	Bucher, Jordan	12	South Hagerstown	107-00	32.61m
14	Molina, Roberto	11	Albert Einstein	106-03	32.38m
15	Anderson, Trevor	12	North Hagerstown	105-02	32.05m
16	Homce, David	12	Linganore	104-06	31.85m
17	Volz, Andrew	11	South Hagerstown	103-01	31.41m
18	Bell, Anthony	11	Seneca Valley	102-04	31.19m
19	Velasco, Bryan	10	Albert Einstein	102-02	31.14m
20	Quigley, Adam	12	Seneca Valley	102-01	31.11m
21	Schiller, Andrew	11	Linganore	101-02	30.83m
22	Cubias, Cesar	11	Rockville	96-11	29.54m
23	Arivalaham, Aetagan	12	North Hagerstown	96-06	29.41m
24	Weaver, Zach	11	Urbana	96-03	29.33m
25	Salzano, Chris	11	Rockville	96-01	29.28m
26	Berrigan, Jack	10	Rockville	95-01	28.98m
27	Gorham, Ian	11	Linganore	92-04	28.14m
28	Smith, Jordan	11	Tuscarora	87-07	26.69m
29	Sebright, Matthew	11	South Hagerstown	81-10	24.94m
30	Kutkat, Drake	10	Northwood	72-01	21.97m
31	Graham, DeAngelo	10	Northwood	64-08	19.71m
32	Belcher, Michael	9	Tuscarora	64-04	19.60m
33	Baxter, Kevon	10	Northwood	64-02	19.55m

Women - 3A - Team Rankings - 18 Events Scored

1)	Gov. Thomas Johnson	103.50	2)	Urbana	98
3)	Tuscarora	75	4)	Linganore	71.50
5)	South Hagerstown	48	5)	North Hagerstown	48
7)	Northwood	37	8)	Damascus	25
9)	Albert Einstein	22	10)	Seneca Valley	15
11)	Watkins Mill	11	12)	Frederick	3
13)	Rockville	1			

Men - 3A - Team Rankings - 18 Events Scored

1)	Gov. Thomas Johnson	114	2)	Linganore	95
3)	Watkins Mill	76	4)	Tuscarora	69.50
5)	Urbana	54.50	6)	Albert Einstein	44
7)	Frederick	39	8)	Damascus	33
9)	South Hagerstown	24	10)	North Hagerstown	4
11)	Seneca Valley	3	12)	Rockville	2